



Shire of Manjimup Services Directory 2022 For Families With Young Children



Community Nurses in Child Health Centres

Experienced registered nurses are able to provide information about all aspects of parenting and family health, including children's growth and development, family needs, relationships and the prevention of disease and injury. Home visits arranged for first visit and as required. Community health nurses have established knowledge of family support services and can facilitate referral as needed. Appointments required.

Free call number for all child health clinic appointments 1800 457 949

Manjimup

Cnr Mount and Bath Street
Mon, Wed, Thurs. Fri 9am – 5pm
Phone: 9771 1120

Pemberton

Pemberton Hospital
Wednesday by appointment
Phone: 1800 457 949

Northcliffe

Northcliffe Nursing Post
Monday by appointment
Phone: 9776 7080

Walpole

Walpole Health Service (2 Pier Street)
Wednesdays from 9am -1pm and 2pm – 5pm
Ph: 9840 0903 or 0457 841 237

A-Z Child Health and Safety

Aboriginal Health Workers or Liaison Officers

Provide health support for Aboriginals living in our community and work with children and adults.

9772 5101

Arthritis

Assistance for people with chronic arthritis and the newly diagnosed. Individual education by appointment with arthritis nurse. Group programs offered.

9772 5101

Asthma

Advice for people with asthma and their families.

9772 5101

Audiology

Hearing screening and assessments for children.

9772 5101

Bed Wetting

Consultation and assessment for children who are bed wetting after age of 5.

9772 5101

Disability Services Commission (MY Way)

Provides information, advocacy and support to people with disabilities.

9752 8400

Health Direct

A 24hr telephone health advice line staffed by registered nurses to provide expert health advice.

1800 022 222

Immunisation

Standard infant, child and adult immunisations. Available through Warren Hospital building. Alternately, can be arranged through your family doctor.

9772 5101



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<u>Nutrition/Dietician</u> Assessment, support and review for nutrition related issues for individuals and groups. Run out of Warren Hospital building.	9772 5101
<u>Occupational Therapy</u> Therapists work with children and adults to maximise independent and safe participation in home, school and community activities. Run out of Warren Hospital building.	9772 5101
<u>Paediatrician</u> A medical practitioner specialising in children and their diseases. Referral through Child Development Services.	9772 5101
<u>Parent Support</u> Parenting Connections WA, South west provide parent and caregiver support to improve the wellbeing and development of their child/ren aged 0-18	9720 9208
<u>Physiotherapy</u> Involves the diagnosis treatment, rehabilitation and prevention of injury, dysfunction and disease by physical means. Run out of Warren Hospital building.	9772 5101
<u>Podiatry</u> Provide education and treatment of a variety of foot problems, including children with developmental issues and diabetes.	9772 5101
<u>Poisons Information Centre</u> Help line available 24 hours – 7 days.	13 11 26
<u>Positive Parenting Program</u> East Manjimup Primary School Program for parents of children aged 2-12 years. Parents will learn effective parenting strategies, ways to encourage behaviour you like and how to prevent or manage common child behaviour problems that all parents experience from time to time.	9771 9200
<u>Psychologist</u> Referral to the psychologist is through GP's or Mental Health Team.	9772 5101
<u>School Nurse</u> Supports students, families and the whole school community with early detection of difficulties, health promotion and specialist health expertise. Includes support for children of refugees, parents with a mental illness, children in out of home care, children with disabilities and indigenous children. Contact your local school.	9772 5101
<u>Speech Pathologist</u> Provides individual and/or group therapy for feeding and communication difficulties in children. Run out of Warren Hospital building.	9772 5101



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Waratah Children's Services

1800 017 303

Waratah provides free, confidential and professional counselling service for children aged 5-18 who have experienced sexual assault, abuse or domestic violence. Manjimup fortnightly by appointment.

Local schools can access the following support services:

School nurse, school psychologist, chaplaincy services and Aboriginal services.

East Manjimup Primary School-----	9771 9200
Manjimup Primary School-----	9771 9000
Manjimup Education Support-----	9771 9050
Manjimup Senior HS-----	9771 3400
Kearnan College Manjimup-----	9777 0677
Northcliffe District HS-----	9776 7055
Pemberton District HS-----	9776 1544
Walpole Primary School-----	9840 1020
St Joseph's PS Pemberton-----	9776 1180

Child Care and Early Education

Child Care Services

9795 3068

For up to date information on services, locations, times, fees and enrolments see www.mychild.gov.au or telephone.

East Manjimup Primary School

9771 9200

T.H.R.E.E. (Transition Helping Raise Early Education)

3yr olds program (children and parents attend)

For kids in the year before they enter kindergarten.

9am – 10.15am Mondays.

Karri Kids Childcare

9776 7221

Karri Kids is a licensed Long Day Care service who are fully accredited.

They offer a childcare programme based on children's individual needs.

Childcare benefits, rebates and subsidies are available.

Kearnan College Pre-Kindergarten Program

9777 0677

Kearnan College runs a 3 year old, Pre-Kindergarten program where parents attend with their child/ren.

Little Taddies Child Care Centre Pemberton

9776 1797

Long Day Care is provided in day care centres, mainly for children up to school age.

Manjimup Timber Tots Early Learning Centre

9777 2044

Licensed to care for children 0-6 years. Child care assistance available to eligible clients.



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Manjimup Family Centre

9771 1653

Provides family and community programs such as:

- Facilitated playgroups
- Baby playgroup
- Support groups
- Little Chefs cooking/healthy eating program for Toddlers
- Parenting programs such as Circle of Security, Brining up Great Kids, First Thousand Days, Tuning in to Kids, Tuning in to Teens and Protective Behaviours
- Crèche
- Holiday clubs
- Activity and hobby groups for children and adults
- Professional and community room hire with crèche facilities available

More details on Manjimup Family Centre website www.mfc.asn.au

Manjimup Shire Libraries

The Libraries provide rhyme time, short story time and events for children.

Manjimup-----	9771 2895
Pemberton-----	9776 1311
Northcliffe-----	9776 7203
Walpole-----	9840 1108

Manjimup Out of School Hours Care (MOSH)

9771 9200

MOSH offers before school care starting at 6:30am which includes breakfast if required and taking students to Manjimup primary school and Kearnan College. Students can also be supported with homework during after school care.

Nature Alliance Family Day Care Service

0477 029 254

Family Day Care is a network of caregivers who provide care and developmental activities in their homes for other people's children.

Northcliffe Family Centre

9776 7221

The Family Centre provides family support programs including the Toy Library, Playgroup, long day care and Health Services. As well as one-off activities, programs and workshops for children and parents. The family centre run specific popular programs regularly.

Northcliffe Playgroup

9776 7221

For children 0 – 5 years old and their carers. Wednesdays 9.30am – 11.30am
Toy Library – Wednesday between 10-11am.

Play Group Pemberton

Meet every Thursday 9am-11am at the Pemberton Sportsclub.

Chelsea Della Golla-----0407 385 951

Pemberton Kindergarten

9776 1180

St Joseph's Primary School, Pemberton offers a 3 year old kindergarten program.



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Playgroup WA (South West)

South West Office

Playgroup WA is a not-for-profit organisation that has been supporting and establishing playgroups throughout WA since 1972.

1800 171 882
0421 819 171

Walpole Child Care Service

Provides Day Care and Long Day Care.

9840 1400

YMCA Family Day Care Scheme

Family Day Care is provided at the home of an Educator, for up to four children under school age and three school age children.

Current registered Family Day Care Educators in the Shire of Manjimup are:

Barbara Kingston-----9771 2909

Parenting Support

Aboriginal Health Service - GP Down South

Aboriginal health workers can assist with access workshops and activities for the local Aboriginal and Torres Strait Islander community.

9771 2260

Accordwest Children & Parenting Service

Unit 10, 51 Giblett Street, Manjimup

Providing parenting programs and family support

- . Circle of Security
- . Tuning into Kids
- . Tuning into Teens
- . 123 Magic parenting program

In group or individual settings

9771 2866
1800 115 799

Antenatal Classes

Birthing classes through your local hospital.

Australian Breastfeeding Association

Support network for breastfeeding mums. Qualified counsellors available through Helpline 24 hours/7 days.

1800 686 268

Department of Health

Emotional health for parents during pregnancy and beyond

http://www.kemh.health.wa.gov.au/health/emotional_health

Early Parenting Groups

Six week program to assist new mums and dads in their parenting journey. Includes visit to playgroup and local library.

9777 0412

Group Positive Parenting Program

Eight week program for parents with children aged 3-8 years. Parents will learn effective parenting strategies, ways to encourage behaviour you like and how to prevent or manage common child behaviour problems that all parents experience from time to time.

9777 0412



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Ngala Parenting Line

A provider of early parenting and early childhood services.
Information and advice about parenting children up to 18 years of age.
Available 7 days a week 8am – 8pm.

1800 111 546

Parenting & Breast Feeding

Classes are offered three times a year at Manjimup Community Health Unit.

9772 5100

Relationships Australia

Available in Manjimup, the service provides information, support and referrals for people wanting to strengthen their family relationships.

6164 0607

RuralLink

A specialist after hour's mental health telephone service for the rural communities of Western Australia. RuralLink helps people deal with depression, suicide, anxiety, psychosis, mental health issues or mental health crisis.

1800 552 002

Sleep Matters

Two week sleep management program for parents with children 7 months – 2 years.

9777 0412

South West Aboriginal Medical Service

Provides a range of health services including antenatal and post-natal support, counselling, education and prevention workshops. SWAMS provides counselling and support to Aboriginal families throughout the South West through the Social and Emotional Wellbeing Program.

9726 6000

The Therapy Room

Chiropractor, Physiotherapy, Optometrist, Bowen Therapy, Naturopathy and Homeopathy.

9776 7221

Family Support

4families (Family Mental Health Support Service)

Based in Manjimup and providing outreach to the Warren Blackwood area, 4families is a free family support service that provides counselling and emotional support, information, referrals and home-based family support.

6164 0600

Anglicare Financial Counselling Services

Offers free advice to anyone in financial crisis.

9777 1945

Bunbury Family Relationships Centre

Available in Manjimup, the service provides information and referrals for people wanting to strengthen their family relationships. Dispute resolution services for separated parents wanting to establish agreements regarding parenting arrangements is available.

6164 0350



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Department of Communities Child Protection and Family Support
Families can ring to ask for advice if they are concerned about a child being harmed.

9771 6000
1800 622 258

Crisis Care

If you have concerns for the safety and wellbeing of a child or young person, please contact your local district office as soon as possible. For concerns after hours please contact Crisis Care.

1800 199 008

DOVES

Domestic Violence Education and Support Group is a community Organisation who can provide information and support.

9772 4639

Emergency Food Hamper, Clothing or Referral Support

For anyone in the community to access in times of need. Please call or visit Northcliffe Family Centre.

9776 7221

Social Worker, West Aust. Country Health Services

Help for individuals, families or groups with health related issues affecting their physical, social or mental well being.

9772 5101

South West Community Drug Services Team

Services to any individual, or to family members, or community members who may be affected by alcohol or other drug use.

9721 9256

South West Women's Refuge

Crisis accommodation for women and children escaping domestic/family violence. Outreach support for children and women in the South West.

9791 2894
9791 6885

Warren Blackwood Emergency Accommodation Services

Short term accommodation for families and individuals during times of crisis. Agency referrals only.

9772 4639

Community Resource Centres

Manjimup
Pemberton
Northcliffe
Walpole

9777 2774
9776 1745
9776 7330
9840 1395

Your local connection to technology, internet access, local community information, and support services, we also provide free access and printing of government department information. Local Centrelink agency, Medicare, Department of Transport and can provide referral advice for local veterans as an agent for the Department of Veteran's Affairs.