

## **Swimming**

### Wednesday's

Come to our Swimming Group in the walking lap pool for water walking and chatting whilst taking the load off your joints. Entrance to pool at own cost. Limited Spaces available, call to book in for a water safety assessment.

**Bookings are essential** 

### **Bunbury**

### Saturday 3 February 2023

Come and join us on our popular and exciting trip to Bunbury. We will be having 2 games of ten pin bowling before heading over to Bunbury Forum for shopping. Lunch can be purchased at the Forum (at your own cost).

Usual pick up times Manjimup 8.00 am

Bridgetown 9.00 am

**Bookings are essential** 

### Dunsborough

### Saturday 17/18 February 2024

This trip is an NDIS only trip, we are heading to Dunsborough for an overnight trip to Surfing in Bunker Bay.

More information to follow next week.

#### Pick up times

Manjimup from 1pm Bridgetown 2pm

# Shire of Manjimup GROW Calendar February 2024

ALL enquiries phone: 9771 6900

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		Manufacture & Committee	1	2	3 BUNBURY DAY OUT	4
5	6 Games Afternoon 2pm - 4pm	7 Tai Chi \$10 10:30-11:30 Swimming 11:30-1pm	8 Lunch \$12 12pm - 1pm Bingo \$3/card 1pm - 3pm	9	10	11
12	13	14 Tai Chi \$10 10:30-11:30 Swimming 11:30-1pm	15 Lunch \$12 12pm - 1pm Bingo \$3/card 1pm - 3pm	16	17 NDIS OVERNIGHT TRIP	18 NDIS SURFING @ BUNKER BAY
19	20 Movie Night 3pm - 6pm	21 Tai Chi \$10 10:30-11:30  Swimming 11:30-1pm	22 Lunch \$12 12pm - 1pm Bingo \$3/card 1pm - 3pm	23	24	25
26	27	28 Tai Chi \$10 10:30-11:30  Swimming 11:30-1pm	29 Lunch \$12 12pm - 1pm Bingo \$3/card	SHIRE OF MANJIMUP		