



Media Release

Primary school pressure cook-off comes to Manjimup

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June 2014

A highly anticipated primary school student cook-off will be raising the temperature on the From Paddock to Plate stage at Truffle Kerfuffle 2014, thanks to the Royalties for Regions funded Southern Forests SEED Program, and Louise Fitzroy of "From Paddock to Plate".

Four teams of students from Primary Schools in the region, will feature on stage at 10:30 on Saturday 28 June. They will be given 40 minutes to create a simple, healthy, homemade recipe that showcases local produce, and is suitable for lunchboxes.

"What makes this experience really exciting for the students, is that they will have some of the Truffle Kerfuffle's guest chefs as their assistants," said Louise Fitzroy.

Year seven students Imogen and Saffron Dodd from Northcliffe District High School, who have entered the cook-off, will be using local ingredients as well as their own home grown produce in their dish. "Imogen and Saffron are so enthusiastic and creative with their cooking, and they have a lot of knowledge about the ingredients that are going into their dish," said Northcliffe District High School Principal, Kath Granger.

The winning students will receive the popular "From Paddock to Plate" book, personally signed by the author Louise Fitzroy. The successful students' school will receive the schools program which includes eight videos, worksheet and recipes, and is valued at \$550.

"This competition has been really beneficial in demonstrating to these students how agriculture is a large part of their every day lives, and how they can take their skills and passion that they're developing now, to carve a career in the future," said Stephanie Carstairs, Coordinator of the SEED Program.

Photos:

<https://www.dropbox.com/sh/yob3az57uahavt7/AADesOB3Nym9S3ZcibV-OD-Ha>

Attached:

- Brief for schools
- [Learn more about Louise Fitzroy](#)

More information on the Southern Forests SEED program:

<http://www.manjimup.wa.gov.au/SEED> and [Follow us on Facebook](#)

-ENDS-

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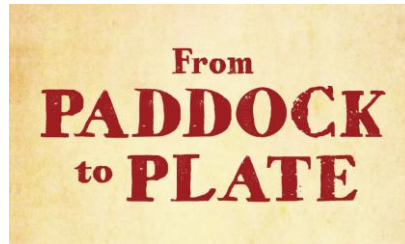
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“Primary School Pressure Cook-off” comes to Manjimup

A highly anticipated student cook-off will start proceedings on the From Paddock to Plate stage at Truffle Kerfuffle 2014, and we want your school to be involved! Louise FitzRoy of From Paddock to Plate invites primary school students to participate in this year’s festival being held at Fonty’s Pool.

Submit a recipe

To enter, students will need to submit a recipe to their school. The recipes will be judged by schools and the students with the chosen recipe (teams can be made up of two or three students from each school) will be invited to participate in the cook-off at Truffle Kerfuffle.

Create your dish

The students will have 50 minutes to create a simple, healthy homemade recipe that showcases local produce and is suitable for lunchboxes. Celebrity chefs will assist the students to create their masterpieces.

The “Pressure Cook-off” will start at 9:30am and dishes must be complete and ready for judging by 10:20am on Saturday 28 June 2014. Chosen students must be available on the morning of Saturday 28 June 2014 between 9:30am to 11am, to prepare and present their dishes, and if successful accept their prizes on behalf of the school.

Win a prize for you and your school

At 10:30am, the official “Welcome to the Kitchen” will be hosted on the From Paddock to Plate stage. During this opening the prepared “Pressure Cook-off” recipes will be taste tested, judged and the winners announced. The winning students will receive a From Paddock to Plate book personally signed by the author, Louise FitzRoy.

The successful student’s school will also receive the popular From Paddock to Plate Schools Program, which includes eight videos, worksheets and recipes (valued at \$550). For more about the Program go to: www.frompaddocktoplate.com.au/teachers-area

More Information

Please contact Stephanie Carstairs, Southern Forests SEED Program, if your school is interested in participating in this exciting competition.

Entries need to be submitted to schools by **Friday 13 June, 2014**. Schools will need to judge entries and submit students’ winning entry form to Stephanie, along with the SFFC Ingredient Order Form and Talent Release forms by **Tuesday 17 June, 2014** (attached). Please include any additional ingredients required (eg. bread etc.).

The session may be filmed for promotional purposes. Please ensure that the attached Talent Release form is completed and returned with entries, for each student who participates in the event.

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