



## Activity 1

# Word Puzzler

MENTALLY	INESS	THOUGHT	BEL
HAPP	ING	GRATI	POSI
SMIL	HEALTHY	COM	ONG
TUDE	FUL	MIT	TIVE

The letters in each box above can join with only one other box to form a complete word. Hidden amongst the boxes is the name of the organisation dedicated toward improving the mental wellbeing of the Western Australian population. Once you've joined all the words, the two remaining pieces will reveal this organisation.

Write the organisation's name here: \_\_\_\_\_ WA

*"Keeping mentally healthy is*

*as important as staying physically healthy"*